

What Happens When We Begin to Understand Our Mind

I've learned that sometimes the most meaningful moments in life are the ones we never plan.

It's near the end of winter—around March or April, when I received a phone call from a young woman, asking about my programs. Asking about my programs, asking about her programs. As she spoke: “Are you.”

I invited her, and we sat down together. As we talked, she opened that she was living in her car, trying to find a program, now trying to find a program. She was looking for support in her life. She was growing my business and trying to get the word out, but I couldn't do everything on my own.

That day, I was heading out to look at a camp for a children's summer camp I was planning, I invited her to come along, and she joined me. On the drive, I remembered that we had an RV sitting in our backyard that wasn't being used. She said yes.

Before we were working together, we had to have a honest conversation. We talked about what she needed, support in growing my business and trying for ways to deepen and understand the business. We grow along my way.

At that time, I was heading out to look at a camp for a children's summer program I was planning, I invited her to come along, and she joined me. On the drive, I remembered that we had an RV sitting in our backyard that wasn't being used. It had been used during COVID, but now it was just sitting there.

That day, I was heading out to look at a camp for a children's summer program I was planning, I invited her to come along, and she came with me. On the drive, I remembered that we had an RV sitting in our backyard that wasn't being used. It had been used during COVID, but now it was just sitting there.

That day, I was heading out to look at a camp for a children's summer program. I was growing my business. It had been used during the programs. It was being used for planning.



What the Davis® Concepts Taught Us.

That started as a simple exchange grew into something much more meaningful. It became a shared lesson for both of us.

Through the Davis Concepts for Life, she gained confidence and a clearer understanding of her mind, while I deepened my understanding of the concepts through real growth.

If you're curious to learn more about how the Davis® Concepts for Life can support you or someone you care about, I'm happy to meet with you, listen, and walk through it together.



Article by Nadine Schumont, Davis Facilitator at Picture Perfect Learning



**Davis[®]
Facilitator**

Transforming learning
and lives



“ Concepts for Life with Nadine has
profoundly impacted me.

It was such an **eye opening** and **fun** process to grow in my understanding of myself & the world.

Not only was I able to talk through memories and thoughts that had impacted me for many years, but I was able to learn tools that **I use everyday**.

Nadine is a warm-hearted and highly competent **individual** who brings her amazing energy to each session! She holds space for you to process the emotions that you experience through the **claying & discussion**.

I am forever changed by this experience and would recommend the Davis Concepts for Life program to anyone seeking to improve their understanding of themselves.

-Elya ★★★★★



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